

Research on the Reform Path of Campus Football Teaching under the Guidance of Core Literacy

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Abstract: In the current educational environment, cultivating students' core literacy has become the core of education. Exploring how to integrate the relevant content of physical education curriculum with core literacy has become the focus of current physical education teachers' research. Campus football curriculum, as an important part of physical education curriculum, is deeply loved by students. It can not only exercise students' body, but also cultivate their sentiment. Therefore, it is indeed an urgent problem to explore the path of campus Football Teaching Reform Based on the guidance of core literacy.

1. Introduction

Campus football teaching is an important way to promote the development of sports in China. In order to promote the cultivation of students' core literacy and promote the development of sports in China, schools should pay more attention to and reform campus football teaching. Campus football is of great significance in promoting students' physical and mental health development and cultivating students' core literacy. Therefore, in campus football teaching activities, teachers should pay full attention to the cultivation of students' core literacy.

2. Research on the Importance of Campus Football under the Background of Core Literacy

There is a common relationship between core literacy and campus football. From the perspective of educational philosophy, core literacy requires students to have knowledge, necessary character and values, as well as comprehensive abilities such as sports ability, healthy behavior and sports morality. Campus football plays a role of "improving physical fitness, mastering relevant skills and cultivating excellent quality". It is not difficult to find that the educational concepts of the two coincide. Core literacy is the core theory leading the development of disciplines in the future, and the development of campus football is the practice and test of core literacy, and the specific operation of the development of core literacy.

2.1. Concretization of the Fundamental Task of Building Virtue and Cultivating People

Since the 18th National Congress of the Communist Party of China, our country has clearly regarded Building Morality and cultivating people as the fundamental task of educational development. Further promoting the work of Building Morality and cultivating talents is the fundamental requirement of running colleges and universities to the satisfaction of the people. Morality is guided and influenced by adhering to moral education first and through education. To cultivate people is to adhere to people-oriented, shape and influence people through appropriate educational means, and then develop people. The promotion and development of campus football is the concrete measure of Building Morality and cultivating people, and it plays an increasingly important role in realizing the unique value of Building Morality and cultivating people in sports. *The Overall Plan for the Reform and Development of Chinese Football* clearly puts forward five aspects of the development of campus football, among which "giving play to the role of football in educating people, promoting the development of football skills while promoting cultural learning, and promoting the large-scale growth of young football talents" is a powerful portrayal of the fundamental task of cultivating morality and talents, and a powerful measure for the concretization

of morality and talents.

2.2. Practice of the Content System of Sports Sore Literacy “Sports Ability, Healthy Behavior, Sports Morality”

The cultivation of sports core quality mainly includes the cultivation of health consciousness, sports culture, physical quality, sports consciousness and sports morality. Since the launch of the new round of campus football, the national school football office has taken campus football as a breakthrough to strengthen the physical and mental health of teenagers, and has raised the significance of developing campus football to the level of national quality education, physical and mental development of teenagers, school physical education curriculum reform, ideological and moral education, physical education teachers and teaching staff construction, and has always emphasized that campus football is always facing all students. Campus football always puts the all-round development of students and the development of all students and facing all students in the first place, which is undoubtedly a huge educational ideological heritage and a powerful measure to inculcate students' sports thought and cultivate lifelong awareness of sports. At the same time, campus football always integrates campus culture and campus sports culture, enriching campus culture and sports culture. The development of campus football can also effectively promote the integration of various disciplines and cultures. This makes football the core of culture and sports the main body of culture, which is not only the dissemination of culture, but also the cultivation of students' morality.



Figure 1 Campus Football League

2.3. The Practice of “Paying Attention to Subjects” to “Paying Attention to Students”

The traditional physical education classroom is only based on basic physical education skills and teaching subject knowledge, which leads to the classroom only focusing on the teaching of physical education teachers and the realization of classroom goals. Although this process is conducive to students' direct mastery of physical education learning content, it is a passive learning process for students, which is not actively accepted, its subjective initiative can not be played and extended, and it does not really pay attention to students' needs in the classroom. The proposal of the concept of core literacy must focus on the subject teaching from the subject to the subject of students. On the basis of this, we should pay more attention to the needs of students. The development of campus football is not only for the popularity of football, but also for students to participate in it independently. The process of students' participation in physical education learning is a process of self construction, giving students the learning tasks to participate in, and exploring and learning to complete the physical education curriculum tasks through the cooperation and cooperation between students. The development of campus football is more about not only learning skills, but also paying attention to the needs of students in sports emotion, so that students are willing to participate in the teaching activities organized by teachers, so that students can achieve achievements and experience growth through participation in the classroom. Its purpose is not only to cultivate their sports habits, but also to pay more attention to the cultivation and development of students' sports emotion and character, as well as health knowledge and behavior in the process of football learning.

3. The Reform Path of Campus Football Teaching under the Guidance of Core Literacy

3.1. Curriculum Reform

Each school can set up football courses with different difficulties, including football experience courses, primary football courses and advanced football courses. In addition, in the process of setting up football courses, we should follow the principle of gradual progress to ensure that football courses from easy to difficult, from simple to complex, and finally establish a perfect football curriculum system. Through this curriculum, students can systematically learn the historical development, participation value, sports characteristics, techniques and tactics, different styles and playing methods, development trends and other aspects of football, so that students can fully experience the unique charm contained in football, love football and enjoy the wonderful experience brought by football.

3.2. Teaching Form Reform

Colleges and universities should increase the reform of campus football teaching forms, such as club team teaching forms. Specifically, one class can be divided into four clubs with the same number of adults, each club has about 7~8 students, and two students can be selected as the manager and captain of the club respectively. The manager is mainly responsible for all things of the whole club, and the captain is mainly responsible for the training and management of the whole team, and stipulates that each club designs its own team name and uniform. In addition, as members of the club, they should perform their respective duties, adhere to personal interests and obey team interests, so as to gradually cultivate students' Collectivism, teamwork awareness and a high sense of responsibility.

3.3. Teaching Content Reform

Schools should strengthen the reform of campus football teaching content. In addition to explaining the basic technical and tactical knowledge of football to students, physical education teachers can also appropriately introduce football competition rules and referee knowledge. Through the reform of teaching content, students can further understand the rules of football, cultivate their strong awareness of rules, make them consciously abide by various social rules, and consciously carry out self-monitoring and management, so as to cultivate a good awareness of moral norms. In addition, physical education teachers can consciously emphasize the fair and civilized competition fashion to students in teaching practice, and cultivate students into a civilized, etiquette oriented and educated qualified citizen. In addition, PE teachers should also teach students in accordance with their aptitude according to the actual situation of the development needs, technical level, tactical style and other aspects of different learning groups, so as to comprehensively promote the improvement of students' technical and tactical level and football cultural literacy.

3.4. Teaching Evaluation Reform

Schools should strengthen the reform of campus football teaching evaluation, and can adopt the Club League style integral system. Specifically, in each game, the winning team gets 2 points, each team gets 1 point in the draw, and the losing team doesn't score. At the end of the season, the points of each team will be accumulated, ranked according to the total points from more to less, and included in the final total score according to the ranking of 20, 18, 16 and 14 points respectively. Adopting this evaluation mode in campus football teaching is conducive to cultivating students' good sense of competition, correct view of victory and defeat, and enterprising sports spirit, and finally realizing the cultivation of students' good physical quality and sound personality.

3.5. Extracurricular Activities Reform

Schools should strengthen the reform of campus football extracurricular activities, and can adopt the integrated campus football mode inside and outside class. This model is an extension and

supplement of classroom teaching, which can make up for the shortcomings of classroom teaching to a great extent, and is deeply loved by students. In addition, schools should also strengthen the construction and improvement of campus football competition mechanism to ensure that campus football events can be carried out in a standardized and orderly manner. The school can actively set up Wechat public platforms such as “football club”, increase the publicity and popularization of campus football, actively create an active atmosphere of football, and further enhance the attraction of campus football to students. The school makes full use of new media technology to report various football events in time, so as to increase students’ participation in campus football. In addition, the school can also regularly organize football salons and organize students to watch football matches collectively, so as to further promote the extensive development of campus football.

3.6. After-school Competition Reform

Colleges and universities should strengthen the reform of campus football after-school competitions, make full use of the strong faculty and rich venue resources, and widely carry out football competitions. Through competition activities, we should strengthen the exchange and cooperation between students and promote the improvement of students’ football level. In addition, the school can also increase cooperation with the local sports bureau and actively carry out referee training in combination with school competitions. Through the training of referees, students can deeply understand the competition rules, and improve the restraint mechanism of student referees’ impartial law enforcement and athletes’ strict compliance with the competition style and discipline. Rich football matches and professional law enforcement are conducive to regulating students’ participation and watching behavior, and forming a good atmosphere of campus football competition.

4. Conclusion

In the current environment, developing students’ core literacy and improving students’ overall level has become an essential topic. In football course teaching, the original teaching objectives can no longer meet the current needs, and the requirements for the new campus football course are imminent. In the process of teaching, teachers should follow the objective law to carry out the reform of campus football education, so as to promote the overall development of football, constantly improve the overall quality level of Chinese students and make continuous progress.

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